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LIFEgroup Homework

For the week of: November 6, 2016
Speaker: Ron Merrell. *"The Busy Problem"*

GETTING TO KNOW YOU

1. Most of us have two or three things that cause us to be overly busy. What are the three things that keep you most busy?
2. If you had a magic lamp, what two things would you wish for to make your life easier and less complicated?

QUICK REVIEW

Looking back at your notes from this week's teaching, was there anything that particularly caught your attention, challenged or confused you?

DIGGING DEEPER

1. Often times, busyness can be an addictive means by which we navigate through our lives and it is not always sustainable. The inability to say "no" can often lead to us always attending to the "urgent" at the cost of the "important."
What are the three most "important" time consumers that must stay in place in your life?

What are the three consumers of time that you could do without?

2. We read one example in Mark 1:21-34 that Jesus, too, had busy days. Yet, He somehow kept the main thing the main thing. Read Mark 1:35-37 | Luke 6:12-13 | Luke 22:39-41 | Matthew 14:23. What do these verses all have in common?

If Jesus found that prayer was an essential part of staying focused and being refreshed even in the midst of chaos, how important should it be to His followers? What are the things that keep you from taking the time to pray?

3. Read Mark 1:38-39. Why would Jesus leave what He was doing in Capernaum when so many people needed and wanted him?
4. Make a list of all the road blocks that stand in the way of you spending time alone in prayer.

Name one of them that is more important than spending time in prayer.

TAKING IT HOME

1. What can you do this week to make spending time with the Lord and prayer a priority?

Prayer Requests:

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